

Linked in:

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GMC: 7425840  
RCPsych: 916749

Languages:  
English, Polish

## ***Clinical experience***

### **Consultant Child and Adolescent Psychiatry**

Darwin Centre for Young People, Cambridgeshire and Peterborough Foundation Trust 2021 - present

### **Acting Consultant Child and Adolescent Psychiatry**

South London and Maudsley NHS Foundation Trust, Lewisham Young People Service and Adolescent Resource Team, Lewisham London - 2020

Autism Diagnostic Observation Schedule (ADOS2)  
training at King's College London 2020

### **Specialist Training in Child and Adolescent Psychiatry**

Michael Rutter Centre, South London and Maudsley NHS Trust  
2018 - 2021

### **Cognitive Analytic Therapy certificate**

St Thomas' CAT Practitioner Course London 2016 - 2018

### **Core Psychiatry Training**

Cambridgeshire and Peterborough Foundation Trust  
2014 – 2017

### **Psychiatry Resident Training**

University Hospital Psychiatry and Psychotherapy Clinic, Katowice, Poland - 2012 - 2013

### **Academic Foundation Programme**

SPCSK Silesian University Hospital, Silesian University of Medical Sciences Katowice, Poland 2011 - 2012

### **Medical degree (MBBs)**

Medical University of Silesia, Katowice, Poland Doctor in Medicine - 2011

## **Presentations**

National

Bi-polar illness in the family presentation at Maudsley Grand Round, London 2019

Cultural considerations in therapy Annual CAT Conference, Keele 2018

Physical health in CAMHS - South London Partnership  
Annual QI conference on physical health in CAMHS  
2018

International:  
Psychological interventions in young people with  
Borderline Personality Disorder features European  
Psychiatric Association Congress (virtual) 2020

Physical Health Clinic in CAMHS: Quality Improvement  
Complex Cases Adolescent Service - International  
Congress Royal College of Psychiatrists 2019

### **Research and publications**

EFPT Psychotherapy Guidebook – Cognitive Analytic  
Therapy chapter on-line publication <https://epg.pubpub.org/>  
2020

Research review - Does perinatal exposure to exogenous  
oxytocin influence child behavioral problems and autistic-like  
behaviors to 20 years of age? Child and Adolescent Mental  
Health 24, No. 2, 2019, pp. 199–201

Reasons for the choice to specialize in psychiatry - a  
retrospective study. Original paper. Szczegielniak A,  
Skowronek A, Skowronek R, Dębska E, Wydra K, Frey P,  
Krysta K. Psychiatr Danub. 2012 Sep;24 Suppl 1:S161-4.

Different dimensions of aggression occurring in the work  
environment of psychiatrists. Original paper. Dębska E,  
Szczegielniak A, Skowronek A, Wydra K, Frey P, Skowronek  
R, Krysta K. Psychiatr Danub. 2012 Sep;24 Suppl 1:S165-8.

Depression and life quality in patients with eating disorders - A two  
year follow up

Original paper. E. Debska · A. Janas · A. Steposz · R. Bablok · K.  
Krysta · M. Janas-Kozik · I. Krupka-Matuszczyk EUROPEAN  
PSYCHIATRY 26:724-724 · 2011

Depression or depressiveness in patients diagnosed with  
Anorexia Nervosa and Bulimia Nervosa - pilot research.  
Original paper. Debska E, Janas A, Bańczyk W, Janas-Kozik  
M. Psychiatr Danub. 2011 Sep;23 Suppl 1:S87-90.

***References available on request***